

EXPLORE

As a family, read *The Action Bible* story on pages 548–551 or the Action Bible New Testament on page 38-41 as a family. Then, read the Bible story found in Luke 4:1–13; Matthew 4:1–11; and John 1:34–51.

Here is what the story is about:

After Jesus was baptized in the Jordan River, the Holy Spirit led Him into the wilderness. For forty days, Jesus did not eat or drink anything. He was tempted by the devil. Jesus overcame the temptations of food, power, and fame by speaking words of Scripture. Then, God sent angels to care for Jesus. Jesus left the wilderness and went to a town called Bethany. Jesus chose a group of men to be His disciples. They travelled together to the town of Cana.

REMEMBER

Answer each question with information you learned from the story:

- > Why did the devil tempt Jesus in the Desert? The devil did not want Jesus to do God's work. He wanted to tempt Jesus to sin.
- > What was the first temptation the devil presented to Jesus? The devil tempted Jesus to give in to His hunger and rely on Himself instead of God for provision by encouraging Him to turn stones into bread.
- > What was the second temptation the devil presented to Jesus? The devil tempted Jesus to worship him by offering to Him all the kingdoms of the world.
- > What was the third temptation the devil presented to Jesus? The devil tempted Jesus to throw Himself down from the highest part of the temple so that He might call on the angels to protect Him and display His power.

DISCUSS

Temptation is a strong desire to do something you know you should not do. It is a desire to do something that could harm you or others. Temptation makes it difficult to do the right thing.

- > Have you ever been tempted?
- > Were you able to resist temptation or did you give into temptation?

I have hidden your word in my heart that I might not sin against you. Psalm 119:11

> What Bible verse could you remember to help you resist temptation?

PRAY

Read the prayer below aloud or pray your own prayer based on 1 Corinthians 10:13:

Heavenly Father, thank You for giving us Your Word and the Holy Spirit. Thank you for Your promise to not let us be tempted beyond what we can bear. We pray that You would be faithful and help us resist temptation. Please show us a way out of temptation so we can honour You with our thoughts, words, and actions.

ACT

We are all tempted at times because we are humans living in a fallen world. As a family, take turns sharing what temptations each of you might struggle to resist. Explore the Bible together and find a few scripture verses that you can memorize and pray as a family to resist these temptations. Remember that you can stand together to face temptations! Support and love each other when you struggle with temptation!

