



Storm at Sea

Mark 4:25—5:24

EXPLORE

Read *The Action Bible* story on pages 571–573 or the Action Bible New Testament on pages 61–63. Read this true Bible story found in Mark 4:35–5:24.

Here is what the story is about:

After a long day of teaching, Jesus and His disciples got into a boat to cross the sea. Jesus fell asleep at the back of the boat. Suddenly, a huge storm began, and waves crashed over the sides of the boat. The disciples were afraid the boat would sink, so they woke Jesus. He stood up and commanded the wind and waves to be still. Immediately, the storm stopped, and the disciples were amazed by Jesus' power.

When they reached the other side of the sea, they encountered a man possessed by demons. Jesus cast the demons out. The healed man wanted to go with Jesus, but Jesus told him to go and share the story of how he was healed. Jesus and His disciples then returned to Galilee, where a religious leader met them and begged Jesus to heal his daughter. When they arrived at the man's home, they learned that the little girl had died.

REMEMBER

Answer each question with information you learned from the story:

- › What did Jesus do to calm the storm? Jesus stood up and told the wind and the waves to be calm and quiet.
- › When the boat reached the shore, who did Jesus and His disciples see? They saw a man who was possessed by thousands of evil spirits.
- › What did Jesus do to cure the man from the evil spirits? Jesus cast out the spirits into a nearby herd of pigs.

DISCUSS

Many of Jesus' disciples were fishermen. They were used to sailing boats and being out in the water, even in bad weather. The Bible tells us that the disciples were afraid they would drown. When they were afraid, they turned to Jesus. Think about a time you were afraid.

- › What did you do when you were afraid? How can you remember to trust God in these moments?
- › What does this tell us about Jesus' power and how He can help us in difficult situations?

The disciples were amazed by Jesus' power after He calmed the storm.

- › Can you think of a time when you were amazed by something God did? How did it make you feel?

After being healed by Jesus, the man who was possessed by demons wanted to go with Jesus. Jesus told the man to share his story with others.

- › How can telling others about what God has done for you help them?

BLESS

Read the blessing below aloud or say your own blessing based on Mark 5:19–20.

May you recognize all the Lord has done for you. May you experience His mercies daily. May you share the Good News of Jesus with everyone you meet.

ACT

During the storm, the disciples were afraid that they were going to lose their lives. Even though Jesus was right there with them, they were afraid. As a family, talk about a few things that make each of you feel afraid. How can you support each other through those fears? What are some ways you can remind yourselves that Jesus is always with us, even when we are afraid?